

HOW TO BUILD A PSYCHOPATHOLOGICAL HYPOTHESIS ON THE BASIS OF A JOINT PARENT- INFANT ASSESSMENT (AND NOT THE OTHER WAY ROUND)



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Working alliance is a key word when talking about parents and infant assessment: a 'cold' medical -like procedure without establishing a working alliance with parents will yield poor results. Parents and infant joint assessment has become a generalized practice. One has to build a psychopathological hypothesis, and one has to demonstrate its validity through assessment and through efficiency of the intervention planning. Assessing the situation by someone not involved with treatment is key, each time the situation is a difficult one. Assessing the situation a two different time points is necessary to assess efficiency of the treatment scheme using different sources of information: caretakers, teachers or kindergarten professionals, etc. The several dimensions of assessment have to be assessed independently on t e from another, without making any inference on potential linkage between these dimensions. For example, the link between some delay in development of the infant and a maternal postnatal depression is to be demonstrated through the evolution under treatment, and not given for granted.

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HOST MANUELA VERÍSSIMO

ENTRADA LIVRE



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