

Curriculum vitae

1. Personal data

Full name

Nuno Manuel Correia Torres

Nationality

PORTUGAL

Institutional address

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Endereço internet (url):

2. Academic degrees

Ano Year	Grau académico Academic degree	Instituição Institution	Classificação Classification
2007	PhD	University of Essex	Approved

3. Previous and current scientific and/or professional activities

Período Period	Cargo ou categoria Position or category	Instituição Institution	
February 2007 – present	Invited Lecturer	Instituto Superior de Psicologia Aplicada	
November 2006-May 2007	Residential care worker	Ryes School and Community	
Winter Term 2006-2007	Graduate Teaching Assistant	Centre for Psychoanalytic Studies, University of Essex	
September 2005- September 2006	Senior Research Officer	Institute for Social and Economic Research, University of Essex.	September 2005- September 2006

January 2004-September 2005	Research assistant	Institute for Social and Economic Research, University of Essex.
August 2003- August 2005	Teaching assistant	Essex Summer School in Social Sciences Data Analysis and Collection – Univ. of Essex
April 2001-June 2001	Mass-media Researcher	Media Proof Limited, Essex, U.K
April 1998 to October 2000	Psychologist and Psychotherapist (técnico superior de 2ª classe)	therapeutic community for treatment of drug addictions “Praça do Diu”, Ministry of Health, SPTT
1996 to 2000	Teaching Assistant (Organizational Psychology and Psychometrics)	Psychology Department of the University Lusófona, Lisbon

4. Area of scientific activity

Psychology

5. Domain of specialization

Clinical and Developmental Psychology

Present research interests

I am interested in developing a biopsychosocial model integrating psychoanalytic and developmental theories to understand the developmental pathways to disorders of affect regulation and associated symptoms. In my undergraduate research I focused on the observation of family dynamics of heroin addicted subjects. My PhD research comprised a comparative study of disorders of affect-regulation and emotional containment in three groups: substance additions, psychosomatic conditions and para-suicide. Presently I am interested in the assessment of the different social systems and structures in which children develop: primary relationships with parents (attachment), establishment of a secure-base for exploration of the environment, and autonomous interactions with peers in preschool and school periods

Outras competências/atividades

Other skills/activities

Relevant research skills: I am conversant with qualitative, quantitative, and action-research practice methods of research. In the field of qualitative research, I have received training in and used extensively the methods of thematic analysis developed by the school of Applied Social Policy Research in Britain, as well as Life-story interviews and analysis. In the quantitative field, I am experienced and skilled in psychometrics, questionnaire design, multivariate analysis, including logistic regression and structural equation modelling.

6. Experiência na orientação

6. Supervising experience

Graduation Theses:

Chagas, T. (2003) Dependência, supressão emocional e consumo de substâncias. Uma abordagem experimental dos grupos de pressuposto básico de W.R. Bion. ISPA

Barros, M. (2000) Agressividade e Teoria do Caos. ISPA

Barbosa, S.(1999) Pensar as emoções do Seio de Um Grupo. ISPA

Henriques, M.G. (1999) Compromisso Organizacional: satisfação no trabalho versus satisfação na vida privada. Un. Lusófona

Pereira, M.O.(2000) A Cultura Organizacional como Estratégia de Coping face à ameaça de desemprego. Un. Lusófona.

Cruz, T.D.(2000) O Efeito de um Acontecimento Surpresa na Performance da Memória. Un. Lusófona

7. Participation in research projects

2007-2010-PTDC/PSI/64149/2006: Children's Attachment Security, Parental Secure-Base Scripts and Mother-Child/ Father-Child Narrative Styles (Post-doctoral researcher)

2007-2010-PTDC/PSI/66172/2006: Afecto Positivo e o Desenvolvimento Sócio-Emocional da Criança (Post-doctoral researcher)

2003- present - Ullevål Personality Project - a randomized controlled trial for testing the effect of a combined treatment on personality disorders (with financial support by the Ullevål University Hospital and the University of Oslo, Norway) -, in which I am collaborating with my PhD supervisor Robert Hinshelwood.

2004-2006 - American time use 1965-2003. The construction of a historical comparative file, and consideration of its usefulness in the construction of extended National Accounts for the USA time use databases. (Institute for Social and Economic Research), University of Essex.

8. Prizes and awards

2000-2004. PhD research grant. Foundation for Science and Technology, Ministry of Science, Portugal.

2000. Visiting fellow grant Council of Europe-Pompidou Group

9. Publications

Thesis

PhD Thesis

Disorders of emotional containment and their somatic correlates: The Protomental nature of Addictions, self-harm and non-communicable diseases. University of Essex- Centre for Psychoanalytic Studies, March 2007

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Edition of Books

Torres, N. and Ribeiro, J.P. (2001) *A Pedra e o Charco. Sobre o Conhecimento e Intervenção nas Drogas* Lisbon: Iman. 2001

Chapters in books

Neto, D.; Torres, N. (2001) "Tratamento Combinado e por Etapas de Dependentes Químicos. Evolução Histórica e Resultados Conseguídos" in Torres, N; Ribeiro, J.P. (editors) *A Pedra e o Charco. Sobre o*

Conhecimento e Intervenção nas Drogas. Lisbon: Iman. 2001

Torres, N. (2003) 'Gregariousness and the Mind. W. Trotter and W. Bion' in Pines, M. and Lipgar, R. (Eds.) Building on Bion: Roots. London: Jessica Kingsley Publishers

Papers in national periodicals with referees

Torres, N. (2003) 'A Química da dependência e as Dependências-tóxicas Para Um modelo biopsicossocial (I)' Toxicodependências, 9(1): 29-45

Torres, N.; Sanches, M. and Neto, D. (2004) "Experiências traumáticas e estilos de Vinculação Adulta a parceiros de intimidade em Toxicodependentes e Estudantes". Toxicodependências,10(3):57-70

Papers in conference proceedings

Fisher, K., Gershuny, J., Gauthier, A., Torres, N. (2006) "Comparing changes in daily activities of older people in Europe: lessons from the development of the Multinational Time Use Study (MTUS)" European Population Conference, 21-24 June Liverpool, UK

Torres, N.(2000) "Psycho-somatics as Primitive Conversion of Meaning (Empirical Research on Bion's Protomental Matrix Model)" . Millenium Conference da EFPP (European Federation for Psychoanalytic Psychotherapy in the Public Sector). Oxford

Torres, N.(1999) "The Conversion of Psychic and Group Significance into Protomental Signals". II European Congress of Psychoanalytic Group Psychotherapy. (European Federation for Psychoanalytic Psychotherapy in the Public Sector). Barcelona

Torres, N. (1996) "Metodologia da Investigação ' O Toxicómano, a Família e a Sociedade'" . IV Simpósio Nacional de Investigação em Psicologia. A.P.P. Fundação Calouste Gulbenkian, Lisboa 28-29 November de 1996

Torres, N. & Antunes, P.(1996) "A Dinâmica de Grupos Segundo D.Meltzer". IV Simpósio Nacional de Investigação em Psicologia. A.P.P./Fundação Calouste Gulbenkian, Lisboa 28-29 November de 1996

10. Communications

Oral communications by invitation

Torres, N. (2004) "The Dawn and Dusk of Man. Trotter and Bion's Evolutionary Group Psychology"; Group Analytic Society-London. 23rd November 2004

Torres, N. (2003) "Comments to Konrad Stauss". Talk presented at the XV International Conference on Bonding Psychotherapy; Lisbon, 3-4 April 2003

Torres, N. (2000) "Inquérito de representações e necessidades aos utilizadores de droga, que frequentam o Bairro do Casal Ventoso e a zona do Bairro Alto, face às Casas de Injecção Segura". Seminário "Droga: É Tempo de Mudança. Ouvir os Utilizadores para uma Política de Redução de Riscos" A.F.I.C. Lisbon, 25 and 26 May 2000

Torres, N. (2000) "Técnicos de referência. Nota sobre a Experiência Holandesa". Seminário "Parar...E Depois"; GATO (Grupo de Apoio ao Toxicodependente – Faro), Faro, 21 September 2000

Torres, N. (2000) "Como Fazer uma Família Feliz?" Expo-Criança 2000 - Seminário "Crianças e Adolescentes: Pré-Visões", Santarém, 22 February 2000.

Torres, N. (1997) "O Ovo Biónico". 8º Colóquio de Psicologia Clínica "A Psicologia Clínica Hoje :

Modelos e Contextos". I.S.P.A. 9, 10, 11 of April 1997.

Torres, N. (1997) "Interacção entre Factores da Personalidade o Ambiente Familiar na Cura de Heroínómanos". Gabinete de Planeamento e de Coordenação do Combate à Droga, Lisboa, 29 October 1997.

Other oral communications

Fisher, K., Gershuny, J., Gauthier, A., Torres, N. (2006) "Comparing changes in daily activities of older people in Europe: lessons from the development of the Multinational Time Use Study (MTUS)" European Population Conference, 21-24 June Liverpool, UK.

Sanches, M. and Torres, N. (2003) 'Attachment Patterns and Drug Addiction' Communication presented at the 15h International Conference of Emotional Psychotherapy (Bonding Psychotherapy), Lisbon, April 2003.

Torres, N. (2003) 'A note on the non-linear relation between pairing and suicide' paper presented at the Centre for Psychoanalytic Studies-University of Essex, Staff-PhD Forum, 29th January 2003

Torres, N. (1996) "Dinâmica Familiar segundo Donald Meltzer". IV Simpósio Nacional de Investigação em Psicologia- Fundação Lisboa, Gulbenkian, 28 e 29 November de 1996.

Torres, N. (1996) "Metodologia da Investigação 'O Toxicómano, a Família e a Sociedade'" IV Simpósio Nacional de Investigação em Psicologia- Fundação Lisboa, Gulbenkian, 28-29 November de 1996.

Torres, N. (1999) "The conversion of psychic and group significance in to protomental signs" Workshop in the II European Congress of Psychoanalytic Group Psychotherapy, Barcelona, 28, 29, 30 May de 1999

Round Table "Redução de Riscos - Que Futuro?". Seminár "Toxicodependência: Experiências Inovadoras", intitulada com a apresentação do "Inquérito de práticas de risco" (Gabinete de Apoio ao Toxicodependente do Centro Social do Casal Ventoso), Lisboa, 24 November de 1999

Torres, N. (2001) "Estudo sobre as necessidades e representações dos utilizadores de drogas em relação às Casas de Injecção Segura". 1ª Latin Conference Latina on Harm Reduction in Drug Use, IGIA Group, Barcelona, 14-16 November 2001

Tavares-Bello, R., Torres, N. (2003) Acne: Impacto Psicossocial [Acne: psychosocial impact] Communication presented at the Portuguese Acne Advisory Board. May 2003, Nice.

Torres, N.; Neto, D.; Sanches, M. (2001). 'Evolution of patients on an ambulatory Bonding Psychotherapy group, according to the attachment theory'. 14th International ISNIP Conference - Bonding Psychotherapy: for whom, when and how? Belluno, 22 - 23, September 2001.

Torres, N., Soares, H. (2002) 'O Suicídio como negativo do acasalamento. Parentesco, Imortalidade e Morte voluntária' [Suicide as the negative of pairing. Kinship, Immortality and Voluntary Death] 4th Encounter of Suicidal Behavior. Coimbra: Portugal.

Torres, N. (2005) 'Suicide as a group disease: messianic hope and epidemics of voluntary death' paper presented at the Opus conference Organizational and Social Dynamics. International perspectives from Group Relations, Psychoanalysis and Systems Theory. 18th and 19th November 2005, London.

Posters in conferences

Monteiro L., Veríssimo M., Silva F., Vaughn B., Torres N. (2008) "Father's participation in Daily

Activities and the Organization of Children's Secure Base Behavior" 20th meeting of the International Society for the Study of Behavioural Development (ISSBD) in Wuerzburg, Germany.

Santos A.J., Torres N., Orlando S. (2008) "Quality of Attachment with Mother and Father and Stability of Reciprocal Friendship" 20th meeting of the International Society for the Study of Behavioural Development (ISSBD) in Wuerzburg, Germany.

Monteiro, L., Veríssimo, M., Santos, A.J., Torres, N (2008) "Mother and father's representations of secure base knowledge, children's secure base behavior and father participation in daily activities" The 38th Annual Meeting of the Jean Piaget Society "Adolescence: Challenges & Opportunities" Québec City, Canada, 6–8 June 2008

Torres, N. (2005) "The Biochemistry of Emotional Dependence". The 6th International Neuro-Psychoanalysis Congress - "On Dreams and Psychosis" Rio de Janeiro, Brazil, 24-27 July 2005

Tavares-Bello, R.; Moura, MJ; Torres, N. (2003) "The Blushing in Humans Psychological Evaluation of Rosacea Patients" European Academy of Dermatology and Venereology. Annual meeting 15th –19th October 2003, Barcelona.

Tavares-Bello, R.;Girão, L.; Moura, M.J.; Torres, N. (2003) "Frantic Bald. Psychological Evaluation of Alopecia Areata Patients" European Academy of Dermatology and Venereology. Annual meeting 15th – 19th October 2003, Barcelona.

Tavares-Bello, R; Torres, N.; Moura, MJ (2003) "Squames and Scales in Human Beings. Psychological Evaluation of Psoriasis Patients" European Academy of Dermatology and Venereology. Annual meeting 15th –19th October 2003, Barcelona.

Torres, N. e Antunes, P. (1997) "Ambiente Familiar, Factores da Personalidade e a Cura de Heroinómanos". III European Meeting of ITACA "A intervenção nas Toxicodependências como um processo permanente de investigação". Lisboa, 22, 23, 24 de May 1997.